



The week following Mother's Day is the perfect time to give the women in your life the gift of encouragement and support to schedule a regular health check-up. Many leading causes of illness and death among women can be successfully prevented or treated if warning signs are caught early enough. National Women's Health Week is coordinated by the U.S. Department of Health and Human Services' Office on Women's Health, www.womenshealth.gov/whw.

To participate in National Women's Health Week, women are encouraged to schedule appointments with their health care provider or contact a local community health center to schedule check-ups and screening services. Screening tests, such as mammograms, Pap smears and colonoscopies can find diseases early when they are easier to treat. For more information about Kansas Safety Net Clinics, visit www.kspca.org.

Maintaining regular check-ups, being physically active, eating a healthy diet, not smoking, and following general safety rules are five health habits for improving women's health. Some women need certain screening tests earlier or more often than others. During their check-ups, women should discuss with their health care professionals which tests are right for them, when they should have them and how often.

The KDHE breast and cervical cancer screening program, Early Detection Works (EDW), provides related services for low income, uninsured women age 40 – 64 who meet eligibility criteria. An estimated 27,000 Kansas women are eligible for EDW and about 6,000 women receive services through EDW each year.

Women enrolled into the EDW program may receive clinical breast exams, mammograms and Pap smears through a network of providers across the state. Women seeking these services may call toll free 1-877-277-1368 to see if they qualify. Should breast or cervical cancer be diagnosed through this program, Medicaid pays for treatment through the Federal Treatment Act.

For more information about EDW, visit www.preventionworkskansas.com and for more Kansas cancer information and resources, visit www.cancerkansas.org.

Early detection can save your life.

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| early detection | works call to see if you qualify for a free screening Toll Free: 1-877-277-1368 www.preventionworkskansas.com |
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