

PARTNERS...

A newsletter for the partners and providers of Early Detection Works, Kansas breast and cervical cancer screening and detection program

From the Director



Thank you to everyone who submitted their forms by February 15 this year. We noted that many providers submitted all six months of forms at once. Please help the Early Detection Works (EDW) Program manage our budget by submitting in a timely manner (45 days per your contract or request extensions from your regional nurse). You may submit amended forms at a later date if this is more convenient for you. We are closely monitoring the budget again this year to ensure that all bills will be paid and you can help us by submitting your forms on time.

Based on the forms submitted for the time period July 1, 2009 through December 31, 2009, EDW does NOT anticipate suspending enrollment at this time. Thanks to Mid-Kansas and Greater Kansas City Komen affiliates, EDW is able to leverage funding to continue services without interruption.

We continue to receive many checks returned to us with a variety of notations such as 'no such client' or 'wrong address.' EDW and KDHE creates checks based on the forms submitted to regional nurses. Should providers change business address, name, or merge with another clinic, please send a letter on your letterhead, with your new FEIN, address, and relevant information to me to ensure that KDHE's business office has your current payment information. Your continued cooperation in submitting your bills on time and providing accurate payment and address information helps us pay for each client's services accurately and on time.

Please remember the next deadline for accepting EDW forms is August 15. ALL forms for services prior to July 1, 2010, MUST be submitted to your Regional Nurse by that deadline.

Congratulations! Linda Redding, RN, NE Regional Nurse is on maternity leave after the February 5 arrival of Oliver Louis Hester who weighed in at a mighty 4 lbs. 11 oz. and was 19" long. Oliver, Mom and Dad are doing very well. During Linda's time at home with Oliver, please contact Kelly Nightengale, Information/Education Officer (NE Regional Office in Lawrence) or Jan Lyle, RN, in Topeka at 785-296-8917 if you have questions or concerns.



*Janet Neff, Director
Cancer Prevention and Control Program*



Help us "GO GREEN"! If you still receive a paper copy of this newsletter, please send your e-mail address to bvancortlandt@kdheks.gov so future copies of this newsletter may be sent to you electronically!

www.preventionworkskansas.org

Regional Nurses

Northeast

Linda Redding, RN
785-832-1701

North Central

Karla Schmidt, RN
785-827-9639

South Central

Sherry Heinel, RN
316-660-7332

Southeast

Stephanie Thompson, RN
620-235-7136

West

Shelly Nelson, RN
Toll-Free
1-877-275-5302

Early Detection Works

Toll-Free Hotline
1-877-277-1368

Early detection can save your life.

call to see if you qualify for a free screening

early
detection works

Toll Free:
1-877-277-1368
www.preventionworkskansas.com

EDW Online Course Available!



Are you new to the Early Detection Works Breast and Cervical Cancer Screening Program or need a refresher course about the Program? Check out the online course, “Early Detection Works: Kansas Breast and Cervical Cancer Screening Program” via KS-TRAIN at <http://ks.train.org>, course #1020117. The course will provide essential information needed to understand breast and cervical cancer screening, as well as the ins and outs of how the Program works.

FREE continuing nursing education credits will be provided to those nurses who complete the course. The KDHE Children & Family Section is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course offering is approved for 1.5 contact hours applicable for RN, LPN, or LMHT relicensure. Kansas State Board of Nursing Provider Number: LT 0252-0972.

RETURNED CHECKS

The EDW program receives checks back from Contractors on a daily basis. In an effort to reduce the number of returned checks, we ask that you take the following steps before returning a check to EDW:

- 1) Hold the check for a week. If a Contractor cannot initially identify the patient/service and returns the check but the paperwork appears later, the check would need to be reissued, further delaying payment.
- 2) Before returning a check, contact the Regional Nurse to double check the information. They are often able to clarify the situation and provide advice on the best course of action.

SPRING RENEWAL

We hope by now Spring has made a dramatic, uplifting, refreshing appearance. We also hope the new English and Spanish EDW consent forms will be a bright spot for our contractors. The forms have been formatted to more closely resemble each other. The goal was for the forms to mirror each other as closely as possible without interfering with the level of comprehension. To accomplish this goal, the Spanish version was reviewed by three Spanish speakers. The revised forms can be found at: http://www.kdheks.gov/edw/ks_provider.html. Thank you for bringing this need to our attention and your patience while the revisions were being made.

EDW'S TOP TEN REASONS WHY CLIENTS DO NOT KEEP APPOINTMENTS

More than 30 percent of women who received enrollment numbers for the EDW Program last year did not keep their appointments, or at least did not receive services charged to EDW. The operators of the toll-free EDW call line compiled the following unofficial, non-research funded, no financial ties list:

1. Going on an extended trip
2. Accidents
3. Speed bumps of life
4. Loss of transportation
5. Relocations
6. Rescheduling of appointments/conflicts
7. Job schedules
8. Past unpaid bills at the clinic
9. Sick children
10. Having to schedule a second appointment for mammogram after clinic appointment

Help solve the puzzle of why clients do not keep appointments! E-mail your ideas to rdavenport@kdheks.gov.

Melanoma/Skin Cancer Detection and Prevention Month, and Ultraviolet Awareness Month



Most of us love sunny days, no matter what time of the year. The sun cheers us up with its bright light and warmth, but it also sends out harmful ultraviolet rays which can damage our skin. Exposure to these rays causes up to 90 percent of all skin cancers. In fact, skin cancer is the most common form of cancer in the United States. It also is one of the most preventable forms of cancer. Sunburn prevention recommendations include:

- Avoid the sun between 10:00 a.m. and 4:00 p.m.
- Seek shade whenever possible
- Limit the amount of time you are in the sun during peak hours
- Wear protective clothing, long-sleeved shirts/pants and wide brimmed hats
- Wear sunglasses outdoors; choose glasses that block 99-100% of UV light
- Apply sunscreen before going outdoors
- Reapply sunscreen about every 2 hours



May 3 “Melanoma Monday” is an annual event created by the American Academy of Dermatology to increase public awareness of this potentially fatal skin cancer.

May 28 “Don’t Fry Day” - To help reduce the rising rates of skin cancer, the National Council on Skin Cancer Prevention has designated the Friday before Memorial Day as Don’t Fry Day. The Council’s goal is to encourage sun safety awareness by reminding everyone to protect their skin while enjoying the outdoors on Don’t Fry Day and every day.

May 10 is National Women’s Check-up Day

The Monday following Mother’s Day is the perfect opportunity to encourage moms, aunts, sisters, spouses, and best friends to visit a health care professional to receive preventive services and screenings. Since many of the leading causes of death among women can be successfully prevented or treated if the warning signs are caught early enough, a reminder from loved ones to get a regular health check-up is one of the nicest gifts a woman can receive. Maintaining regular check-ups, being physically active, eating a healthy diet, not smoking, and following general safety rules are five health habits for improving women’s health.

To participate in National Women’s Check-Up Day, women should schedule appointments with their existing health care providers or contact one of the participating local community health centers, hospitals or other health care providers to schedule check-ups and screening services that day. Screening tests, such as mammograms and Pap smears, can find diseases early when they are easier to treat.

Some women need certain screening tests earlier or more often than others. During their check-ups, women should discuss with their health care professionals which tests are right for them, when they should have them and how often.



National Healthcare Decision Day

The Kansas Department of Health and Environment and the Kansas Cancer Partnership are joining Kansas Health Ethics, Inc., and the Center for Practical Bioethics in Kansas City to promote National Healthcare Decisions Day on Wednesday, April 16. The purpose is to provide Americans with tools to determine how to make advance healthcare decisions, including designating a healthcare proxy to speak on their behalf. Although this can be a difficult topic, many helpful resources exist. Legal documents may be downloaded from www.kansashealthethics.org or are available from hospitals, hospices, and other agencies.



The Center for Practical Bioethics also helps provide guidance through *Caring Conversations*, an education initiative designed to help individuals and their loved ones share meaningful conversation while making practical preparations for end-of-life decisions. Each copy of *Caring Conversations* includes a healthcare directive document and a durable power of attorney for healthcare decisions. Copies of *Caring Conversations* are available for \$1 by calling 1-800-344-3829 or can be downloaded for free at www.practicalbioethics.org. Additional resources include *Courageous Conversations*, designed to help military veterans live out their lives with dignity and honor, and *Caring Conversations for Young Adults*, a starting point for young adults and families to talk about organ donation, do-not-resuscitate orders, and serious illness. Copies also are available in Braille.

For additional information and resources about end-of-life care, visit www.cancerkansas.org and click on Patient/Caregiver/Survivor, then Support/Palliative/End-of-Life Information.

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