

Kansas Department of Health and Environment Bureau of Health Promotion

Save a Sister Lunch and Learn

On Saturday, Oct. 8, 2011, the first “Save A Sister Lunch and Learn” was held at Saint John’s Missionary Baptist Church in Kansas City, KS, in honor of Breast Cancer Awareness Month. The event resulted from collaboration between the church’s health ministry, Early Detection Works of KDHE, and Black Health Care Coalition, in attempt to address lower than average breast cancer screening rates in Wyandotte County and mortality rates that are higher than all surrounding counties. Four breast cancer survivors from Black Health



Care Coalition spoke on how early detection of breast cancer saved their lives. Early Detection Works presented information on breast cancer, risk factors, screening guidelines, resources for free screening and healthy lifestyle choices. Participants talked about barriers to screening and how to address them. They also signed action plans to increase screening in Wyandotte County, including getting a mammogram, educating others on free resources for screening, offering transportation and child care for others. Fresh fruits and vegetables were the center of the catered lunch to celebrate delicious, healthy eating. Participants also sent out a mass text with the phone number to Early Detection Works, which resulted in at least ten women enrolling who did not know about the program otherwise. Early Detection Works is thankful for the partnership with the church and Black Health Care Coalition, whose presence as respected health messengers in the community resulted in a successful event.

Early detection can save your life.

early detection works	call to see if you qualify for a free screening
	Toll Free: 1-877-277-1368 www.preventionworkskansas.com